



Dofinansowane przez  
Unię Europejską

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dofinansowany przez Unię Europejską**

In the period from October 15 to 28, 2023, as part of the ERASMUS+ program, funded by the European Union, we participated in international professional internships in Greece. The opportunity to undertake internships was given to students in the professions of agricultural technician and food service and gastronomy technician.

The trip was preceded by recruitment, through which the top 30 students from classes II, III, IV, and V were selected. Before heading to Greece, we participated in preparatory classes. Mrs. Małgorzata Sternak conducted sessions on safety and hygiene at work. The aim of these sessions was to prepare us for a safe and healthy foreign internship experience. During the classes, we learned how to avoid potential hazards, take care of our health, and the importance of adhering to occupational health and safety rules. The school pedagogue, Mrs. Iwona Orządała-Bandoła, addressed important aspects during preparatory classes such as adapting to a new workplace, teamwork skills, effective time management during internships, stress coping strategies, creating efficient work systems, and representing Poland effectively on the international stage. Mr. Piotr Magdziarz facilitated our understanding of the rich history and fascinating culture of Greece. Special emphasis was placed on preparing us for the practical use of the English language. Therefore, language preparatory classes, conducted by Mrs. Dorota Taler, covered everyday vocabulary as well as specialized terminology related to the agricultural and gastronomic industry.

Our journey to Greece began on October 15, 2023. We reached the town of Neos Panteleimonas by passing through Slovakia, Hungary, Serbia, and North Macedonia. After accommodation in the hotel and getting to know the hotel's surroundings, it was time to familiarize ourselves with the internship location.

Students studying to become agricultural technicians underwent internships on farms specializing in the cultivation of olives, kiwi, and chestnuts. They also learned about the technology of cucumber and tomato cultivation under cover. During the internships, participants had the opportunity to visit kiwi storage facilities, learn about the storage conditions for these fruits, and understand the operation of technological lines for sorting and packaging.

Students studying to become food service and gastronomy technicians underwent internships at the San Pantaleimon hotel. Girls and boys were divided into groups, some working in the kitchen and others serving guests in the dining room. During kitchen internships, tasks included planning and preparing meals, sensory evaluation, learning techniques for storing finished dishes, and seasoning. The serving group, after instructions from the dining room manager, focused on serving hotel guests, maintaining order and aesthetics of the table settings, learning the principles of selecting tableware and cutlery for specific dishes, and organizing the restaurant.

Everyone had the opportunity to visit an olive oil factory, a feta cheese factory, and attend a local products fair.

During our stay in Greece, we visited the charming town of Palaios Panteleimonas, saw the Meteora, or "monasteries suspended in the clouds," swam at one of the most beautiful beaches in Europe on the island of Skiathos, and strolled through the charming narrow streets of Skiathos town, passing typical white houses with blue shutters to experience the true Greek atmosphere. A trip to the small but enchanting town of Litochoro allowed us to visit the biggest attraction of the area - the Enipeas Gorge. Near Neos Panteleimonas are the monumental ruins of the crusader castle in Platamonas, which we also reached after a short walk along the Aegean Sea, where we could admire the extraordinary landscapes of eastern Greece.

However, all good things come to an end. Two weeks passed quickly, and on October 27, we began the journey back. Although the journey was long, it proceeded safely, and after 26 hours of travel, we arrived in Chroberz.

The students were supervised by Mrs. Marzena Tęcza, Mrs. Anita Bogdan, Mrs. Ilona Ziółkowska, and Mr. Tomasz Czystoń.